

Steeple Station Stingray Swim Team Update For 2010

Hello Jefferson Station Residents

A JSCA Facility Membership offers a great season of enjoying our pool and tennis facilities throughout the year, and you will meet a lot of friendly people in our neighborhood.

It also paves the way for your kids to be part of our annual Steeple Station Stingray swim team! Kids don't work on their strokes when they play at the pool. But on swim team, your child will learn to be a much better swimmer and have fun doing so. Families spend so much time at the beach, lake, and pool it is a great comfort to know your child is a good swimmer! It can save your child's life. Plus, swim team allows them to spend time with kids in their age group, making new friends, and getting great exercise. It gives some structure to your summer days and kids will sleep well at night!

Mark your calendar for summer swim team registration. Coach Kent and Coach Audrey will be back for a new season of great swimming and we would love to have you join our team. We will also have several Junior Coaches. **This is an important date because we capped off our registration in most age groups last year because we filled up.** We want each swimmer in each age group to have several slots to swim in meets and have plenty of room at practice. We had 164 swimmers last year, and we do expect that again, so be sure to register in March to get a slot on our team!

Registration

When

Sat March 20 and Sun Mar 21, 2010 from 1:00PM to 4:00PM each day.

Where (<http://www.jscagwinnett.com/directions/directions.htm>)

Jefferson Station subdivision Club House located at 1950 Shadwell Way. From Sever Road go left on Lebanon, right on Monticello, left on Shadwell. Go about 1/3 of a mile, tennis/pool/clubhouse will be on the right.

Who

Swimmers Ages 5 to 18 as of June 1 (Teens, and age 5/6 are really needed)

New swimmers MUST bring a **notarized birth certificate** for us to verify, and a copy for us to keep. This insures that everyone in your child's group is truly the right age.

We will NOT register your new swimmer without the birth certificate in hand, as it is too much "back and forth" to get it from you later. So please be sure to bring it to registration days, thanks!

New swimmers must be able to swim the length of the pool unassisted in a reasonable time. Coach's Swim Test in mid-May for new swimmers. Swim lessons are available indoors at Swim Atlanta or Collins Hill Aquatic Center to get ready.

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March Registration Cost

\$105 **Current Facility Members** of Steeplechase or Jefferson Station.

\$120 Outsiders from other neighborhoods

April Registration Cost (Per family, assuming we have spots)

\$130 **Current Facility Members** of Steeplechase or Jefferson Station.

\$145 Outsiders from other neighborhoods.

We want to register as many people as possible in March to avoid complicated last minute League registration. However, funds from this will be very useful for major pool renovations that seem to come up each year, and this year is no exception.

Team Swim Suits

Custom suits continue this year that feature a Stingray design and may be ordered at registration at a cost of \$49 for girls and \$28 for boys. We will have samples to try for size. Stingray swim suits are not mandatory.

Expected 2010 Season Schedule (To be confirmed in April with the League)

ALL meets are held at 6:00PM

Tentative Practice meet and Team Photo is on Thurs May 27.

There are six (6) Regular meets vs. other teams that are held on Thursdays at 6PM: June 3, 10, 17, 24 and July 1. One (1) more meet will be scheduled (to be determined when by the league) and it could fall on a Monday or Tuesday in June, or perhaps July 6.

Three (3) of these regular meets will be at home, and three (3) meets will held at away neighborhoods. The practice meet is at home. The Gwinnett County Championship at Georgia Tech's Aquatic Center will be held on **July 17-18, 2010.**

Visit the League web site www.gwinnettswimleague.com.

Optional Stroke Clinics

Clinics will be offered in early May for freestyle, backstroke, breast and butterfly. Coach Kent will have a signup sheet at registration.

Team Practice

Beginning in Mid-May after school at the Steeplechase pool, Summer Practice is in the morning and rotates between the Steeplechase and Jefferson Station pools. Your child will have a practice slot with his/her age group, combining both boys and girls. At swim meets, boys compete with boys; girls compete with girls by age groups.

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Tentative Summer Daily Practice Schedule

(Note: Coach Kent will decide the final schedule. This was used last year)

<u>Time</u>	<u>Age</u>	<u>Where</u>	<u>When</u>
8:00-9:00AM	11 & 12	Steeple Chase Jefferson Station	Mon-Wed Thurs
8:00-9:30AM	13, 14 & 15 & up	Jefferson Station Steeple Chase	Mon-Wed Thurs
9:00-9:45AM	9 & 10	Steeple Chase Jefferson Station	Mon-Wed Thurs
9:45-10:30AM	7 & 8	Steeple Chase Jefferson Station	Mon-Wed Thurs
10:30-11:00AM	6 & under	Steeple Chase Jefferson Station	Mon-Wed Thurs

Team History

The Steeple Station Swim Team began in 1989, and is a partnership between both Steeplechase and Jefferson Station neighborhood swimming pools.

Head Coach – Mr. Kent Julian Personal website: liveitforward.com

Note: Coach Julian has a new email address at swimitforward@gmail.com.
(Please update your email address/contact list so you will not miss any information.)

Kent Julian has been our coach since the early 90's and now lives in Steeplechase with his family and 3 swimmers of his own. We have been VERY excited to have him back on staff again from 2007 and onward!

Assistant Coach – Ms. Audrey Blackmon

Audrey Blackmon returns for her 6th year coaching! She was an enthusiastic Stingray swimmer from age 6 to 18, and is now a student at Auburn University.

Registration Information

We look forward to you joining us again and bringing your friends. For registration info contact:

Patty Sakalik	patsak@bellsouth.net
Debbie Blackmon	dsblackmon@yahoo.com
Penny Lackey	zoolackey@bellsouth.net

Testimonials

Several families have offered to share "testimonials" about the Stingray swim team experience. Contact Jefferson Station neighbors such as the **Lessleys, Schusslers, Bakers, Hartmans, and Berwicks.**

We hope you join us this year!